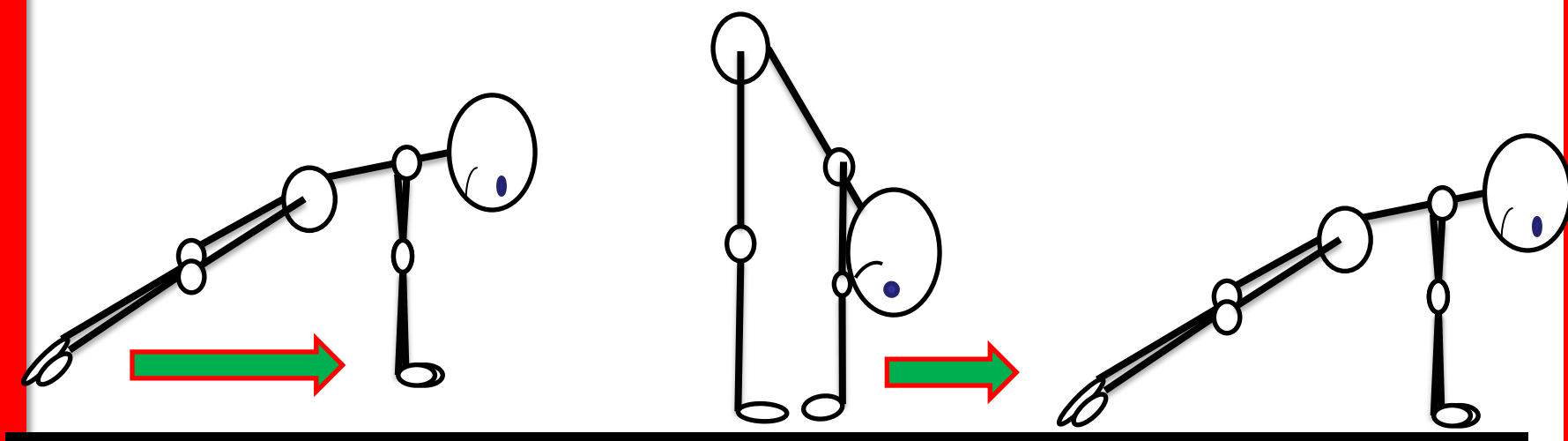
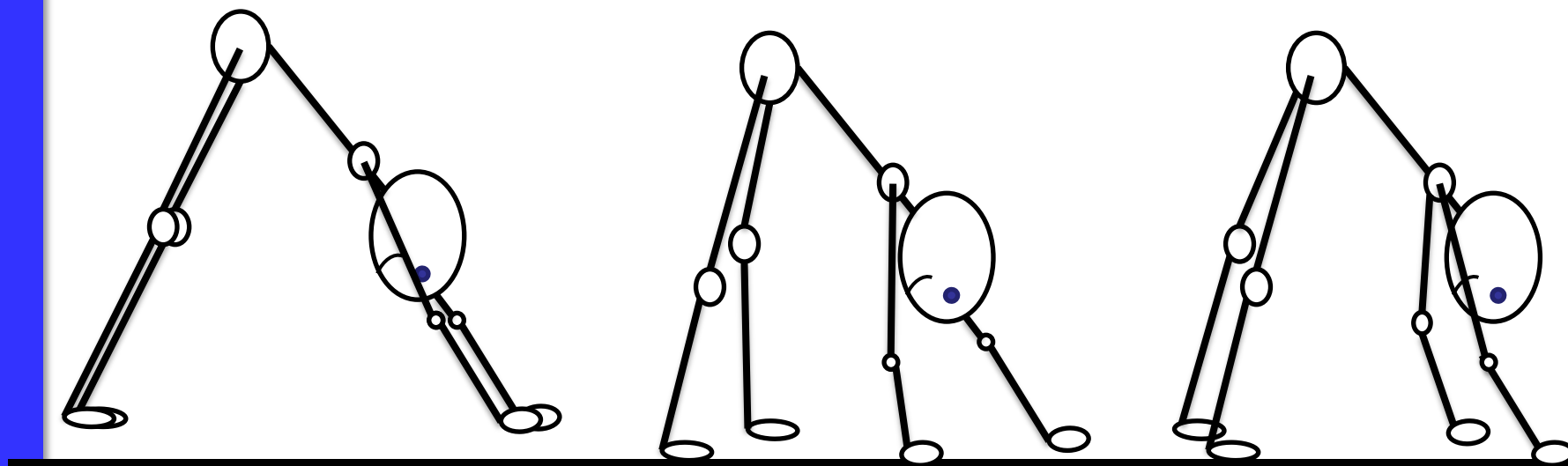


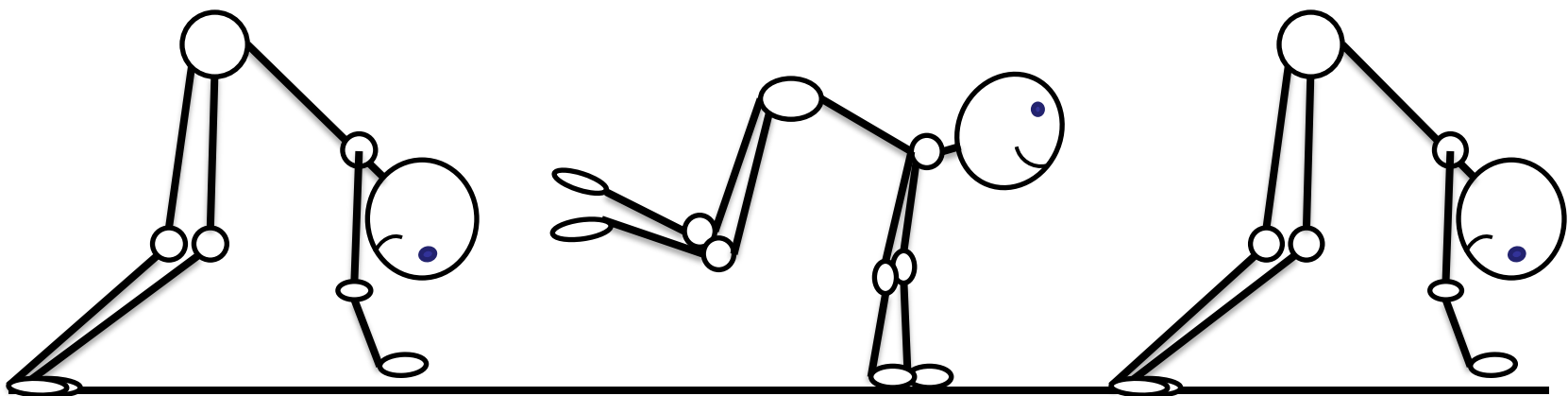
# Inchworm



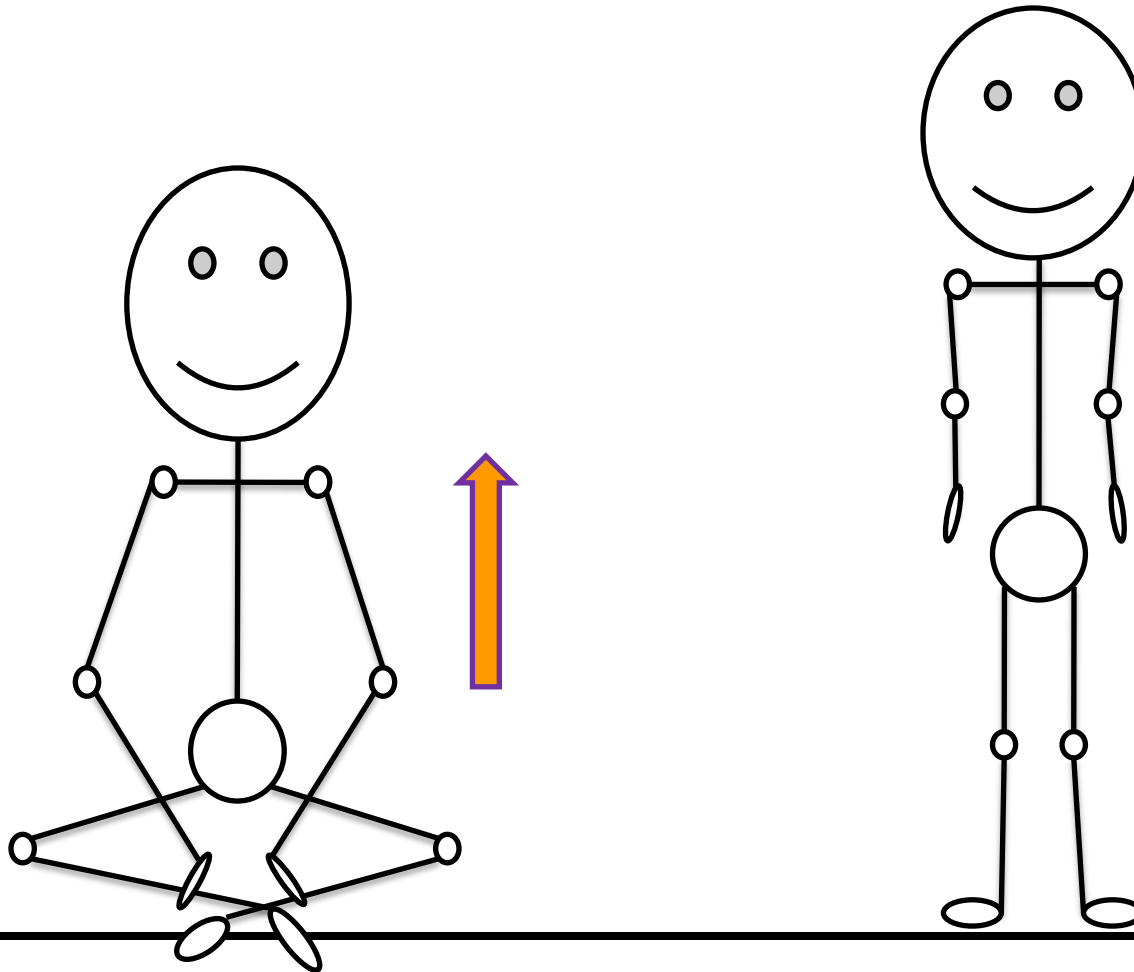
# Bear Walk



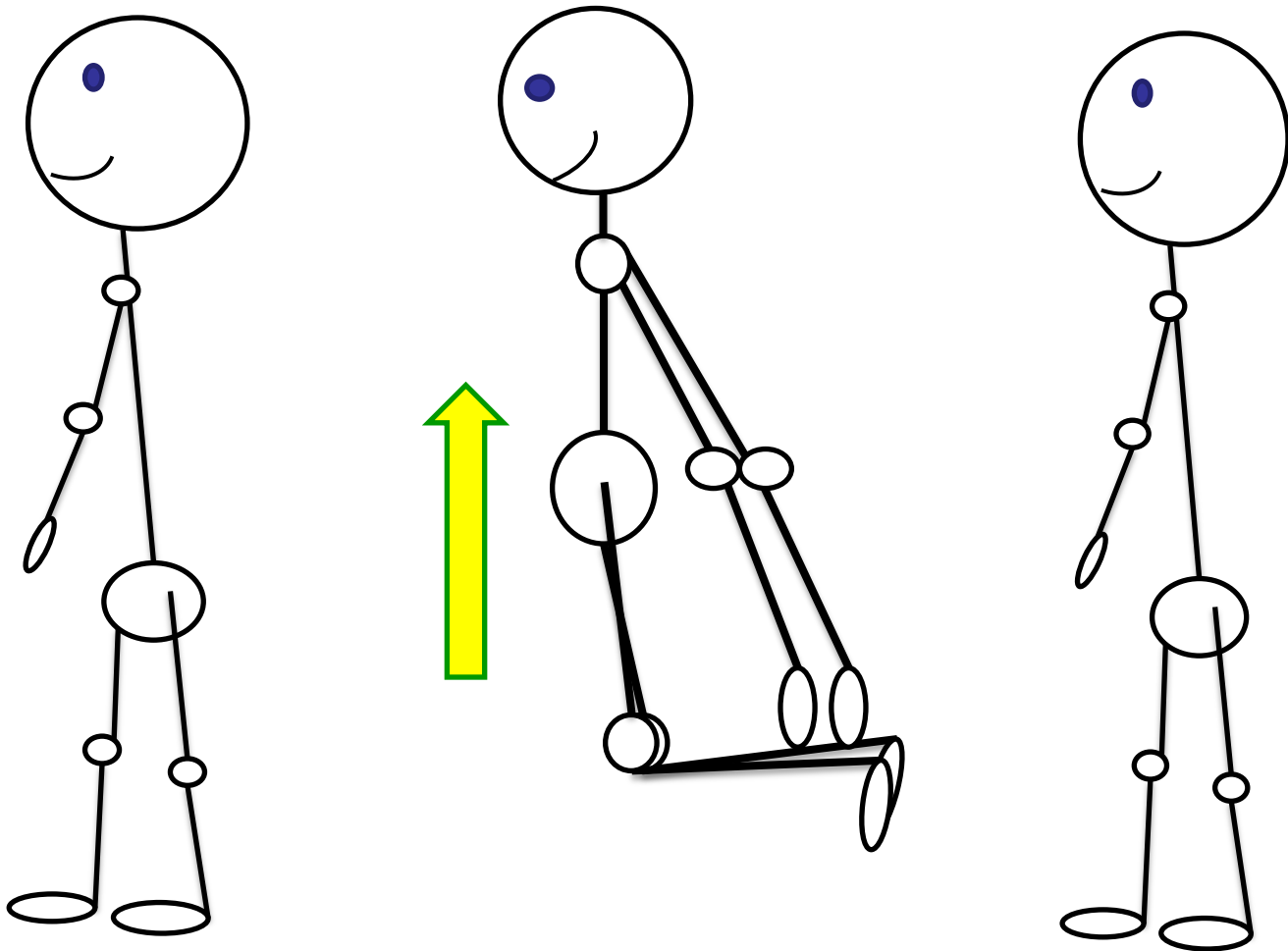
# ROCKER



# Crazy Cross Stand



# Heel Slap



# Back to Back Chair OR Elevator

